



PHYTOMER

SPA MENU

To enliven your beauty & recharge your well-being

FACIAL TREATMENTS

ANTI-AGING



SIGNATURE TREATMENT

PIONEER TREATMENT TREATMENT

Youth Revealing Treatment Face - Lips - Décolleté - 75 min

A lifting mask and an ultra-concentrated biotech lotion combine for the ultimate in anti-aging performance that restores the skin's soft, youthful glow. PHYTOMER's advanced facial massage technique is unparalleled for relaxation and delivers instantly visible results. The custom lip treatment plumps lips and smooths away wrinkles around the lip line. Our Self-Heating Mud Pack is gently applied along the spine for a total relaxation experience that recharges the body's energy.

EXTENDED YOUTH

Wrinkle Correction Firming Treatment - 60 | 75 min

In just 3 steps, this high-performance, anti-aging treatment effectively smooths skin, fills in wrinkles and restructures facial contours.

OLIGOFORCE LUMINATION

Facial for Complexion - Dark Spots - Wrinkles - 60 | 75 min

An ultra-comprehensive anti-aging treatment that brightens skin tone, reduces dark spots, and smooths away wrinkles. The perfect pairing of a 20% acid facial peel and a soothing cloth mask that's rich in OLIGOMER® to bathe the skin in radiance.

TARGETED TREATMENTS



SIGNATURE TREATMENTS

CITYLIFE

Anti-Pollution Skin Freshness Treatment - 60 | 75 min

A treatment that concentrates all the sea's skincare benefits to detox and revitalize skin and treat it to a breath of fresh air. The anti-pollution experience eliminates signs of fatigue, brightens the complexion and rehydrates skin.

TREATMENT WITH ORGANIC ALGAE

HYDRA ORIGINAL

Plumping Thirst-Relief Facial with Organic Algae - 60 | 75 min

A skincare essential that pairs moisturizing performance with intense relaxation using organic ingredients, sense-awakening textures and a relaxing massage to leave skin soothed and glowing, plumped and rested.

ORGANIC TREATMENT ECOCERT CERTIFIED

CYFOLIA

Radiance Plumping Treatment Face and Eye Contour - 60 min | 75 min

This exquisite treatment includes a soothing massage and highly-efficient organic products to leave the face and eye contour glowing and moisturized.

DOUCEUR MARINE

Comforting Soothing Treatment - 60 | 75 min

A nurturing treatment that softens sensitive skin and strengthens its defenses with soothing, hydrating results.

ACNIPUR

Blemish Solution Treatment - 50 | 65 min

A cleansing program that effectively targets blemishes for visibly clearer, healthier skin and a smoother, fresher complexion.

CLEAR SKIN EXPRESS

Skin Cleansing Treatment - 40 min

A warming, absorbent marine face mask is followed by a custom facial mask to clear pores for skin that's cleansed and a complexion that's refreshed.

TREATMENT FOR MEN

NEW SKIN FOR MEN

Men's Facial - 60 | 75 min

Enter a skincare experience designed especially for men. Choose from a selection of moisturizing, youth-restoring, soothing and anti-pollution facials that have been specially adapted to men's skin needs.

COMPLEMENTARY ADD-ON MODULES



RELAX BACK

Remineralizing Anti-Fatigue Treatment - 15 min

An ultra-relaxing back massage is followed by a gentle slathering of Self-Heating Marine Mud along the spine for total relaxation and optimal detox effects.

EYE PERFECTION

Radiance Smoothing Eye Treatment - 20 min

A comprehensive, effective and relaxing treatment for beautiful eyes that sparkle with youth. An add-on possibility for all facials.

BODY TREATMENTS

CONTOURING



SIGNATURE TREATMENT

P5 CONTOURING

Full body Massage and Algae Jam Wrap - 60 min

A full body slimming treatment, ideal for wellness retreats, that combines a toning massage with an exclusive algae wrap to slim curves, reshape and tone the body. Results after just 4 sessions are conclusive: an 11% belly bulge reduction and an 8% reduction in thigh circumference.*

*Clinical results on 22 women after 4 P5 SLIMMING treatments with application of P5 LOTION twice a day for 15 days.

SCULPT ZONE

Targeted Heating Wrap Abdomen - Buttocks - Thighs - 60 min

An intensive exfoliating scrub, a targeted massage and an innovative thermo-sculpting wrap eliminate curves and cellulite in record time. The results are dramatic with over 1 cm reduction in waist size in just 4 treatments.*

*Centimeter measurements taken on 19 women who received 4 treatments in 2 weeks. Average values obtained.

MORPHO DESIGNER

Perfect Contour Scrub and Massage - 60 min

Full body beauty: a slimmer, firmer, shape plus enhanced skin health overall. Following a smoothing exfoliation scrub, a slimming massage reshapes the body's curves to perfection and gives skin a flawless appearance.

OLIGOMER® SILHOUETTE

Refining Remodeling Marine Body Treatment - 75 min

A full spa treatment in 2 steps: a slimming balneotherapy soak followed by a full-body massage. Perfect for weight-loss retreats or as an add-on treatment with massages or wraps.

BODY FIRMING

Wrap and Firming Massage - 50 min

A high-performance gel wrap is applied then massaged into the skin to lift, tighten tissue, and prevent sagging. Result: The whole body is firmed and toned.

BEAUTY AND REVITALIZING



MARINE BODY WRAP

Body Wrap and Massage - 60 min

Choose from a detox or energizing marine wrap then indulge in a relaxing body massage.

OLIGOMER® PURE

Invigorating Energizing Remineralizing Balneo Treatment - 60 min

A relaxing soak in a remineralizing bath enriched with active sea ingredients is followed by a full body massage for a total revitalizing experience. Ideal for relaxing and recharging.

SATIN SHIMMER

Gommage aux Cristaux de Sel - 40 min

An exfoliation treatment using sea salt crystals is paired with a moisturizing massage for an express beautifying treatment that leaves the skin silky soft.

CHAMPAGNE OF THE SEAS

Remineralizing Relaxing Back Treatment - 45 min

Our signature detoxifying and remineralizing marine products enhance a tension-releasing foot, scalp and back massage.

LEG REVIVAL

Leg Soothing Beauty Treatment - 35 min

A targeted massage designed to soothe and relax sore, tired legs that also brings back their beautiful curves and contours.

WELLNESS MESSAGES

REPLENISHING



SIGNATURE TREATMENT

OLIGOMER® SPA

Remineralizing, Revitalizing Massage - 90 min

This deeply relaxing, reenergizing signature massage includes both a full body exfoliating scrub and a massage. The session provides a unique sensory experience thanks to OLIGOMER®, PHYTOMER's legendary active marine ingredient, and its extraordinary remineralizing and strengthening benefits. The head-to-toe exfoliating scrub and massage provide instant rejuvenation and incomparable relaxation.

SEA HOLISTIC

Relaxing Massage with Sea Boluses - 60 min

Through soft effleurage strokes, targeted pressure and stretching, this Thai-inspired massage eliminates areas of tension one by one using the gentle heat of warmed linen bundles. A sea salt crystal exfoliating scrub restores skin's natural softness. Gradually, your mind surrenders to an overall sense of well-being and long-lasting replenishment.

TRÉSOR DES MERS

Personalized Energizing Massage - 60 min

An invigorating, therapeutic massage that relaxes and energizes like a day at the beach.

CALIFORNIAN WAVE

Relaxing Californian Massage - 30 min | 60 min | 90 min

The perfect combination of soothing, flowing massage techniques to unlock muscle tension and provide complete relaxation.



PHYTOMER

61, rue du Commandant l'Herminier
35400 SAINT MALO - FRANCE

For more information:

www.phytomer.com

www.phytomer-econnect.com