



## TREATMENT MENU

PHYTOMER



## FROM THE SEA TO THE SKIN

Let yourself be carried away by a wave of well-being.  
Taste the benefits of natural products and treatments  
created in Saint Malo, France, and chosen by  
the most beautiful spas around the world.



# FACIAL TREATMENTS

## ANTI-AGING TREATMENTS



### SIGNATURE TREATMENT

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#### SUPREME YOUTH PIONEER TREATMENT

Ultimate Facial Treatment Face, Eye Contour, Neck & Décolleté. 1h30.

This supreme treatment restores the skin's freshness, youth and radiance. Its exceptional massage, which covers the entire face and décolleté, visibly smoothes the skin while providing absolute relaxation. Throughout the treatment, the back is infused with trace elements in a relaxing sensation of gentle warmth.

#### OLIGOFORCE LUMINATION

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Treatment for Complexion - Dark Spots - Wrinkles. 1h.

A complete global anti-aging treatment that illuminates the complexion, reduces dark spots and smooths wrinkles. The ideal combination of a peel, a powerful anti-aging serum and a sheet mask rich in trace elements, to infuse the skin with light.

#### EXPERT YOUTH

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Wrinkle Correction Treatment. 1h .

The leading anti-aging ritual that targets all wrinkles to smooth the skin, reduce lines and plump the face.

## TARGETED FACIAL TREATMENTS



#### ROSÉE GLOW

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Instant Radiance Treatment . 30 min . / 1h .

An express ritual with a sweet rose scent: illuminating oil scrub and plumping plasticizer mask for fresh and radiant skin.

*For an even more relaxing experience, this treatment can be extended to one hour by including a 30-minute facial massage.*

CYFOLIA **ECOCERT-CERTIFIED ORGANIC PRODUCTS** PHYTOMER

Radiance Plumping Treatment - Face and Eye Contour. 1h .

A nice glow and a well moisturized skin thanks to a pleasant treatment that combines soothing massage and highly-efficient organic products.

*Suitable for teenagers from 13 years old.*

CITYLIFE

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Anti-Pollution Skin Freshness Treatment. 1h .

A breath of fresh air for your skin in a facial that distills all the benefits of the sea to detox and revitalize your skin. The break from pollution's harmful effects eliminates signs of fatigue, brightens your complexion and rehydrates your skin.

HYDRA ORIGINAL

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Plumping Thirst-Relief Treatment with Organic Algae. 1h .

A skincare essential that combines high-performance moisturizing with intense relaxation by pairing luxuriously-textured products and a relaxing massage. Plumped and refreshed, the skin regains its soft, smooth, balanced glow.

DOUCEUR MARINE

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Comforting Soothing Treatment. 1h .

This pampering treatment softens your skin and enhances its protection system for soothed and ideally hydrated skin.

ACCEPT CICA

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Fragrance-Free High Tolerance Nourishing Treatment. 40 min .

This ultra-nourishing repairing treatment with Organic Fermented Codium is ideal for reactive skin or skin weakened by pollution, climate conditions or repeated skin peels.

OLIGOPUR

PHYTOMER

Blemish Solution Treatment. 1h .

This cleansing and matifying facial treatment, with proven efficacy against blemishes, leaves your skin visibly healthier, clearer and your complexion fresher.

*Available in youth version.*

## RELAX BACK **COMPLEMENTARY MODULE**

Remineralizing Anti-Fatigue Treatment. 15 min .

An ultra-relaxing back massage, followed by a gentle slathering of Self-Heating Marine Mud along the spine for total relaxation and optimal detox effects. An add-on possibility for all PHYTOMER facials. *To complement all facial treatments.*

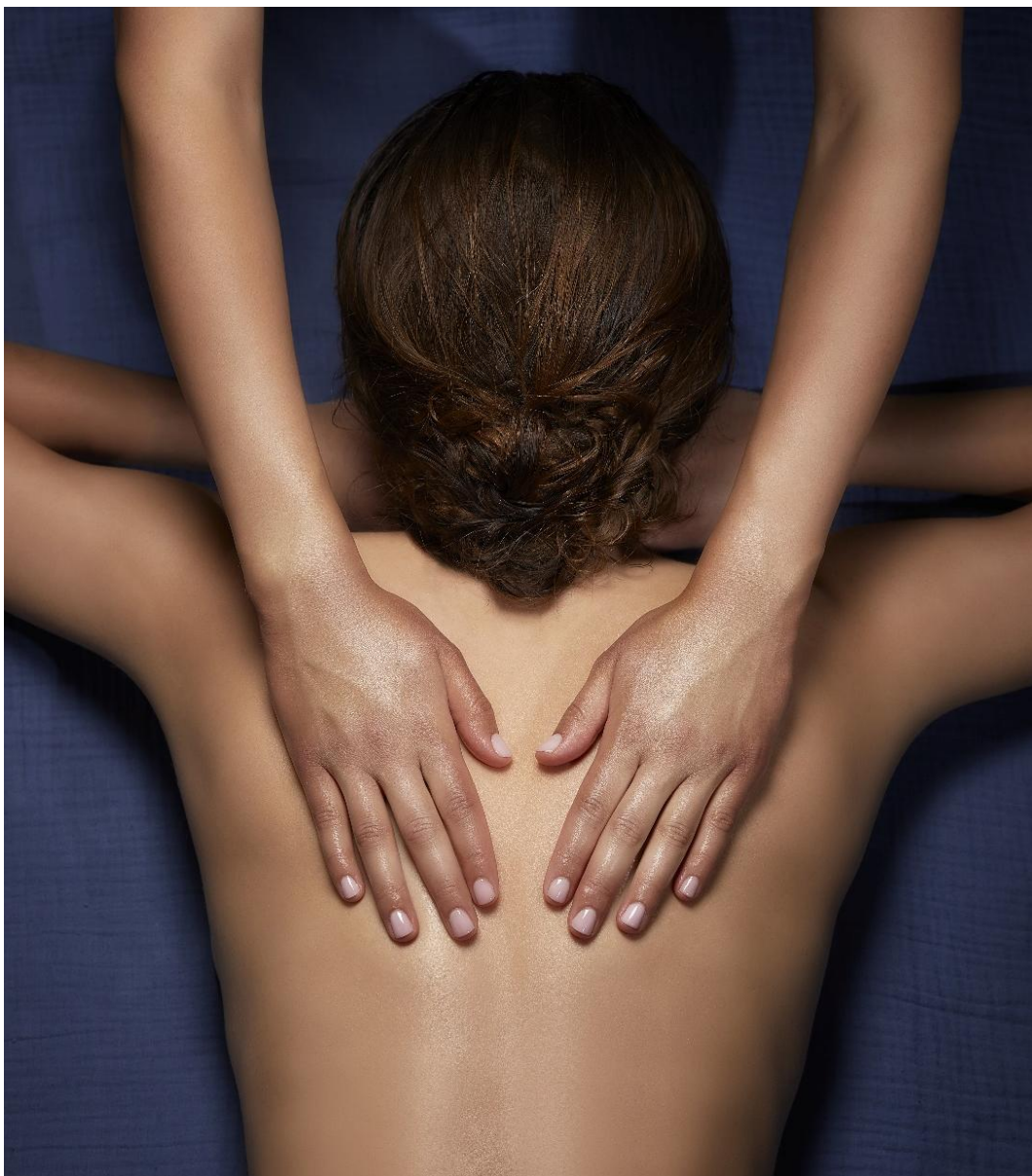
PHYTOMER

## EYE PERFECTION **COMPLEMENTARY MODULE**

Radiance Smoothing Eye Treatment. 20 min .

An ultra-comprehensive treatment for sparkling, young-looking eyes. Your eye contour area is smooth and rested. *To complement all facial treatments.*

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# CONTOURING & INVIGORATING TREATMENTS



## MARINE SCRUB

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Toning Body Scrub Treatment or Silky Body Multi-Exfoliant Treatment.

50 Min .

An exfoliation with sea salt crystals combined with a relaxing body massage for an express beauty treatment that leaves skin silky soft. *Available without shower.*

## SIGNATURE TREATMENT

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### P5 CONTOURING TREATMENT

Full body Massage and Algae Jam Wrap. 1h .

A full body slimming treatment, ideal for wellness retreats, that combines a toning massage with an exclusive algae wrap to slim curves, reshape, and tone the body.

## SCULPT ZONE

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Targeted Heating Wrap Abdomen-Buttocks-Thighs. 1h .

An intensive exfoliating scrub, a targeted massage, and an innovative thermo-sculpting wrap eliminate curves and cellulite in record time. The slimming results are dramatic

## BODY REFLEX

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Ultra-Soothing Body Scrub and Wrap - Abdomen - Buttocks -Thighs . 1h .

The body peel for an immediate new skin effect: exfoliation combined with an ultra-smoothing wrap, massaged into each target area for maximum effectiveness.

*Exfoliation and bodywrap without shower.*

## SIGNATURE TREATMENT

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### OLIGOTHERAPY

Remineralizing Drainage Body Treatment. 1h . / 1h30 .

Detox with this complete body treatment: a draining massage to eliminate toxins and tension is combined with a remineralizing wrap with Oligomer<sup>®</sup> for a total body makeover.

# WELLNESS MASSAGES



## SIGNATURE TREATMENT

### OLIGOMER® SPA

Remineralizing Revitalizing Massage. 1h .  
With Scrubbing. 1h30 .

Deeply relaxing and re-energizing, this signature body treatment combines a full exfoliation with a totally encompassing massage. It offers a unique sensory experience based on OLIGOMER®, PHYTOMER's mythical active ingredient, with remineralizing and fortifying benefits. Its exfoliation and full-body massage, from the top of the head to the toes, provide an instantaneous rejuvenating effect and incomparable relaxation. *Scrubbing without shower.*

### SEA HOLISTIC

Relaxing Massage with Sea Boluses. 1h .

Through soft effleurage strokes, targeted pressure, and stretching, this Thai-inspired massage eliminates areas of tension one by one using the gentle heat of warmed linen bundles. Gradually, your mind surrenders to an overall sense of well-being and long-lasting replenishment.

### TRÉSOR WELLNESS

Absolute Serenity Massage. 1h .

An Ayurvedic-inspired, flowing massage that encompasses the body and scalp, inviting you to let go and relax completely. Gradually, energy returns to the whole body, which becomes lighter and more serene, as if weightless.

### CALIFORNIAN WAVE

Relaxing Californian Massage . 30 min . / 1h . / 1h30 .

The perfect combination of calm and fluid movements combined with long strokes to unlock tension and provide complete relaxation.  
*Suitable for teenagers from 13 years old.*

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